



Delivering a Healthy WA



Fremantle Hospital and Health Service

Rottnest Island Nursing Post  
Critical Care Division  
Fremantle emergency department  
medical guidelines

## Advice to visitors to the island.....Rottnest Island Nursing Post

### Opening Hours and Available Services

**OPEN – Every Day from 0830 - 1630**

Rottnest Island Nursing Post is a part of the Fremantle Hospital & Health Service Critical Care Division.

The Nursing Post offers a range of health services including emergency care, wound care antenatal & postnatal care, pharmaceutical supplies, immunisations, pathology collection, x-rays, child health and primary health care.

Rottnest Island Nursing Post is staffed by three resident Clinical Nurses (Level 3 x 1, Level 2 x 2) and an administrative assistant. All nurses are able to offer care at an advanced clinical level. During the summer season and winter school holiday periods (Mid November to early May and July and October) a resident medical officer is in attendance.

### After Hours Emergency Services

A nurse is on call from **16.30 through to 08.30** each day to attend for emergencies out of hours. Routine and non-urgent cases should attend the nursing post within normal hours, this reduces inappropriate call outs and stress upon the service.

HealthDirect provide an after hours health advice service and they can be contacted by ringing **1800 022 222** or (08) **92925030** (Nursing Post telephone number redirected after hours to HealthDirect). Please advise HealthDirect of your mobile number as well as your unit number or location.

**For emergencies at all times call 000**

### Charges for Services

- All Australian citizens with a current Medicare Card are eligible for care at no cost (excluding pharmaceuticals).
- Patients from countries that have a reciprocal health agreement with Australia (UK, Rep of Ireland, NZ, Italy, Sweden, Malta, Netherlands, Finland and Norway) are eligible for emergency care at no cost (excluding pharmaceuticals).

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Government of Western Australia  
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- Patients outside of the above groups are responsible for charges for services provided. Currently, \$130.00 (plus pharmaceuticals), however, this may change. Patients may also be responsible for other health care costs if ongoing care is required and/or their health care needs require transfer off the island.
- Patients who are responsible for health care costs are advised to obtain adequate health insurance prior to travel.
- Fees charged can be made in cash or via VISA, MASTERCARD or EFTPOS. A receipt is provided so that the patient may claim the cost from their insurer.

### Suggestions on what to bring to Rottnest Island

- All of your usual medications and repeat prescriptions (there is a local pharmacy which can dispense medications as well as provide general medical supplies). Ensure you have adequate supplies of drugs and medical supplies to cover the time you are on the island.
- A basic first aid kit.
- Your Medicare or Travel Insurance details.
- Emergency contact details.

### Special Needs?

- If you have any special medical needs you are welcome to discuss this with the Nursing Post staff prior to coming to the island and we will attempt to assist you whenever possible.
- Pathology services – the nursing post utilises **PATHWEST** – routine specimens are sent over to the mainland on the **10.30 ferry**. Patients who require pathology forwarded to any other pathology service can have this arranged (bring the request form), every endeavour is made to ensure that the pathology is collected by the alternative service, however, delays are sometimes encountered. Please contact the nursing post for advice.

### Contact Details

- Please contact the nursing post during normal office hours for any advice regarding your visit.
- Telephone (08) 92925030
- Fax (08) 92925121
- David Charlton Clinical Nurse Manager – [david.charlton@health.wa.gov.au](mailto:david.charlton@health.wa.gov.au)

Enjoy your stay and have a relaxing carefree time!

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