

## SHORT 'N SWEET

### KARMA WOW

Relax to our signature head, neck and shoulder massage will melt away tension, while relaxing the mind and soul. Unwind while your therapist relaxes the muscles returning you to balance.

30 minutes - \$50

### ASIAN FOOT RITUAL

Slip off your shoes and zone as we attend to your soles, feet and legs. Includes a cleansing foot ritual and leg massage with a warm herbal compress.

30 minutes - \$ 50

### MUSCLE-MELT

A deeply relaxing massage customized to your needs. Designed to return your body and mind to balance.

Crown Chakra – scalp & head

Sacrum Rolls – lower back relief

Min Soother – neck & shoulder

30 minutes - \$50 / 45 minutes - \$70

## ENRICHING FACIALS

### ORGANIC CUSTOMIZED FACIAL

A perfect treatment for those with a little less time but still wanting amazing results, your skin will be cleansed, exfoliated and hydrated before a deeply relaxing Karma facial massage and mask is applied. Depart feeling re-hydrated and skin re-energised

45 minutes - \$80

### SIGNATURE ORGANIC FACIAL

A relaxing treatment that is designed to heal and strengthen your skin, whilst melting away shoulder and neck tension with a relaxing massage. Tired skins are cleansed, exfoliated and revived with a vitamin rich mask. Finish this signature treatment with an aromatic scalp treatment to re-hydrated and renew.

60 minutes - \$125

### HOLISTIC FACIAL

Relax to specific cleansers, exfoliation and organic facial boosters that will deliver targeted results while your mind, body and soul drift away with our signature neck and shoulder massage. As a skin specific mask will deliver ultimate results, indulge your hands OR feet with a relaxing massage as you finish this treatment with a deeply hydrating aromatic scalp and hair treatment.

75 minutes - \$140

## KARMA FOR MEN

*relax & be*

### BACK MASSAGE WITH WARM STONES

Designed to slow down your mind and ease you into a state of balance, this treatment soothes tired muscles while the heat applies a deeper relaxation. Relax with a back, neck and shoulder warm stone massage and signature massage techniques.

60 minutes - \$105

### MAN OVERHAUL

Designed for the everyday man wanting the ultimate in relaxation and re-hydration. This indulgent treatment will relax the most tired and tense muscles whilst promoting circulation. Includes a cleansing back exfoliation followed by a back, neck and shoulder massage and an organic customised facial.

90 minutes - \$145

### THE GENTLEMEN'S PEDICURE

A relaxing foot soak is followed by a soothing foot scrub and massage. Includes nail clipping, trimming and shaping designed to revive tired feet and soles.

30 minutes - \$50



KARMA SPA

## TREATMENT MENU

Karma Spa is a life-enhancing spa brand dedicated to regenerating your wellbeing. Our boutique menu of curative sessions can be experienced at our spa treatment space located at Rottnest Lodge on Rottnest Island. Karma Spa products are made in small fresh batches with ingredients sourced from ethical and sustainable farmers and growers.

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## MASSAGE CURATIVES

*soothe your mind & muscles*

### THE GENTLE WAVE

Drift & dream to soothing sounds and let your body return to wellbeing. This slow rhythmic massage therapy is designed to calm your mind easing your being into pure relaxation.

60 minutes - \$100

### HOT ROCK SOOTHER

The warmth from the stones when combined with the rhythm of massage feels incredibly nurturing for mind and muscles. Surrender as smooth stones are placed along the spine from the lower back to the base of the neck. Concludes with a 'wow' warm stone facial massage.

90 minutes - \$145

### YOUR TIME - BESPOKE MASSAGE

Every day is different. Every body is unique. Seek more attention on your back & neck area? This personalized massage is tailored to those who would like to have therapists focus on specific areas of their body.

30 minutes - \$50 | 60 minutes - \$100 | 90 minutes - \$145

*\*pregnancy massage available upon request from 2nd trimester onwards only, please inform upon booking*

## SOUL RITUALS

*time for self-nurture*

### AROMATHERAPY BODY SALT GLOW

Restore your skins radiant glow with this cleansing and invigorating treatment delivering ultimate hydration. Begin with a full body exfoliation designed to polish the skin while your therapist will then relieve tired muscles with a full body massage for the mind, body & spirit.

90 minutes - \$145

### WATER LILY AFTER SUN

Soothe & relieve sun damaged or sun sensitive skins with a cooling & de-sensitizing wrap infused with green tea, water lily & chamomile. A treatment designed to relieve the discomfort of over exposure to sun, whilst a soothing oxy-vital facial will make you depart feeling re-hydrated and renewed.

60 minutes - \$100

### CHAKRA BLESSING

A deluxe pampering treatment, designed to re-balance and re-charge the mind, body and soul. Melt away tired, old skin with an aromatic body scrub before you are cocooned in an aromatic body wrap to heal and nourish tired dull skins. Relax with a facial tailored to your individual skin needs before a warm and nourishing scalp treatment will re-hydrate the scalp and hair. Finish this head-to-toe treatment with a signature massage treatment and full body moisturisation.

2.5 hours - \$210

## GLOSS & GLAMOUR

*let your inner light shine*

### SOUL TREATMENT

A soothing and replenishing treatment for your feet OR hands, that will leave tired souls feeling revived and re-energised. Soak away tension before exfoliation and relaxing massage bring tired feet back to life. Finish this treatment with nail work and polish of your choice.

45 minutes - \$55 each

### DELUXE TREATMENT

The ultimate including soak, pedi paddle, nail & cuticle work, Glycolic Peel, massage, mask & polish.

60 minutes - \$70 each

### MARTINI & MANICURE

We treat you to a martini of your choice whilst your therapist delivers your well-executed manicure with optional polish.

60 minutes - \$75

### BROW BAR

Lash tint	\$20	Lash tint and brow tint	\$30
Brow tint	\$15	Eyebrow wax, tint &	
Eyebrow tint and wax	\$28	Eyelash tint	\$40

### THE WAX EMPORIUM

Eyebrow wax	\$15	Bikini	\$25
Eyebrow reshape	\$20	G-string	\$35
Lip/chin wax	\$12	Brazilian	from \$60
Lip/chin eyebrow wax	\$30	Half arm	\$25
Face lip chin	\$35	Full arm	\$40
Nasal	\$12	Half leg	\$30
Underarm	\$18	Full leg	\$60

## YOUNG TRAVELLER

*a vibrant way to connect*

### MANICURE & PEDICURE

Excite the young ones with the ultimate day spa experience where they get to sit back and relax whilst your therapist cares for their fingers and toes. Finish this pampering treatment with a nail colour of their choice.

30 minutes- \$30

### SLEEPY TIME KIDS MASSAGE

The perfect treatment to relax and replenish young souls as we treat your kids to the most soothing and relaxing massage, designed to leave the kids feeling more calm.

30 minutes \$30

### ICE-CREAM FOOT MESSAGES

Relax as your therapist treats those small feet to a soothing foot massage infused with a delicious flavour of their choice. Bring back child hood memories, with this special sensory journey for the young one.

30 minutes \$30

*\*Treatments available for children aged 16 years & under only with adult supervision required.*